

What Prevents Me from Integrating My Sexuality?



Fragment of the mural at the Hermitage of Vera Cruz de Maderuelo (Segovia) from the XII Century. Currently in the Museo del Prado (Madrid).

2

“ They fall back into evil,
and they do not know me.”

Jr 9:2

4 THE IMPROPER USE OF FREEDOM: SIN

2

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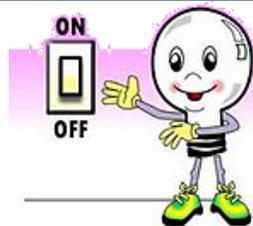
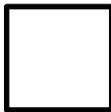
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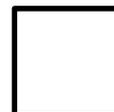
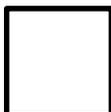


1 You've already seen these pictures.

If you wanted to look for something in one of these two rooms, where would you find it the fastest?



If we turned off the lights in the room you would have to feel your way around...but even still, where would it be easier to find something?



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2 What do you think that the LIGHT and DARKNESS might mean in your own life? In your heart? In your will? In your actions? In your affections?





Have you experienced this?

"In the beginning was the Word, and the Word was with God, and the Word was God. All things came to be through him, and without him nothing came to be. What came to be through him was life, and this light was the life of the human race; the light shines in the darkness, and the darkness has not overcome it. The true light, which enlightens everyone, was coming into the world. He was in the world, and the world came to be through him, but the world did not know him."

Jn 1: 1-5, 9-10

The Gospel of John begins with this text. Do you think this has something to do with you? With your life? With your experience of LIGHT and darkness?

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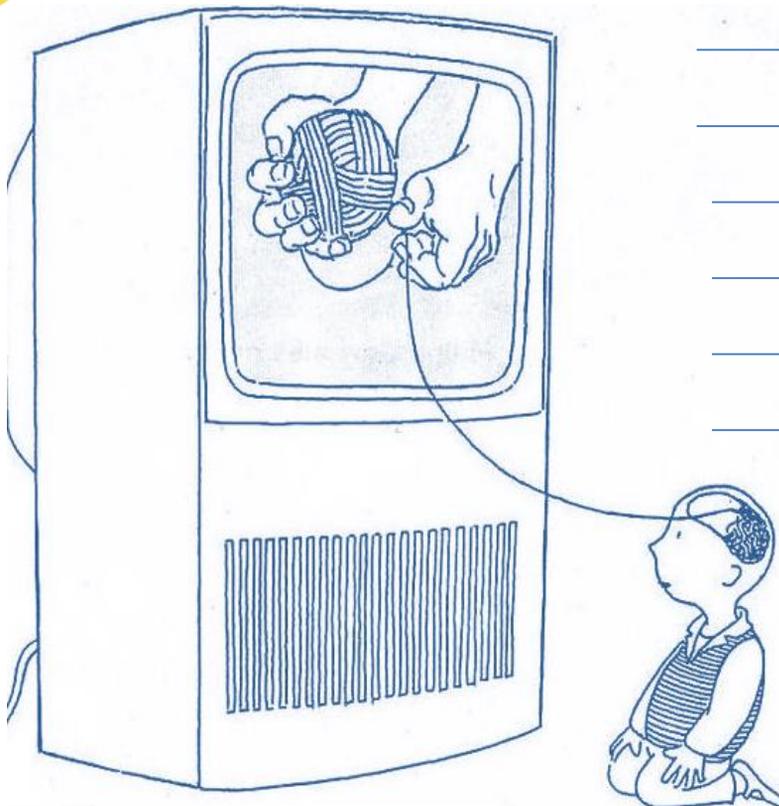
The true light that illuminates every man also illuminates me, my person, my body, my sexuality.

It is darkness that which does not truly know me as a person. Darkness does not allow me to integrate my sexuality into all the aspects of my life. It dissociates me, and brings me down to a condition that is not suitable for me as a PERSON.

This darkness is a part of me, and also of the world, that neither knows nor wants to know the LIGHT. It is SIN.



3 Take a second to observe this image. What do you think it means?



BUILDING UP LOVE

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4 Imagine that YOU are in front of the world, in front of the society you live in, in front of your environment. Which direction would you say the yarn is being wound?: from the ball to the brain, or vice versa?



Make two groups with your classmates: those who think the yarn is being wound one way, and those who think the opposite. Then you can share your ideas.

POSITIONS	IDEAS
Society steals my thoughts...
I fill my head with whatever society offers me...

5 What kind of society do we live in? What does the world offer you? What do you hold on to? What do you throw away?

Now is the time to share all the information that you were able to find on society's vision of sexuality with your classmates.



After looking at all the images, videos, etc., we invite you to work in groups to make a list of values that society proposes regarding SEXUALITY.

1 _____

7 _____

2 _____

8 _____

3 _____

9 _____

4 _____

10 _____

5 _____

11 _____

6 _____

12 _____

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6 In groups, look up the following words in the dictionary:

Concupiscence
Pansexualism
Hedonism

Do you think that society tries to get these concepts across?

What are the differences between the three of them?

Do you think that these three mentalities prevent the integration of your sexuality? Think about it and share your thoughts with the class.



Society shows me a type of sexuality that is not authentic, that doesn't correspond with the truth of the PERSON.

The value of sexuality is cheapened, reduced to mere GENITALITY. The value of my PERSON is reduced. I stop being me and turn into an OBJECT: something that can be desired, bought or USED.

My own darkness, disorder and sin also prevent my body and its expressions from being a means of LOVING and GIVING. When I sin I impoverish my whole person, and I turn myself into a means of expressing and living out SELFISHNESS, which leaves me wounded.